

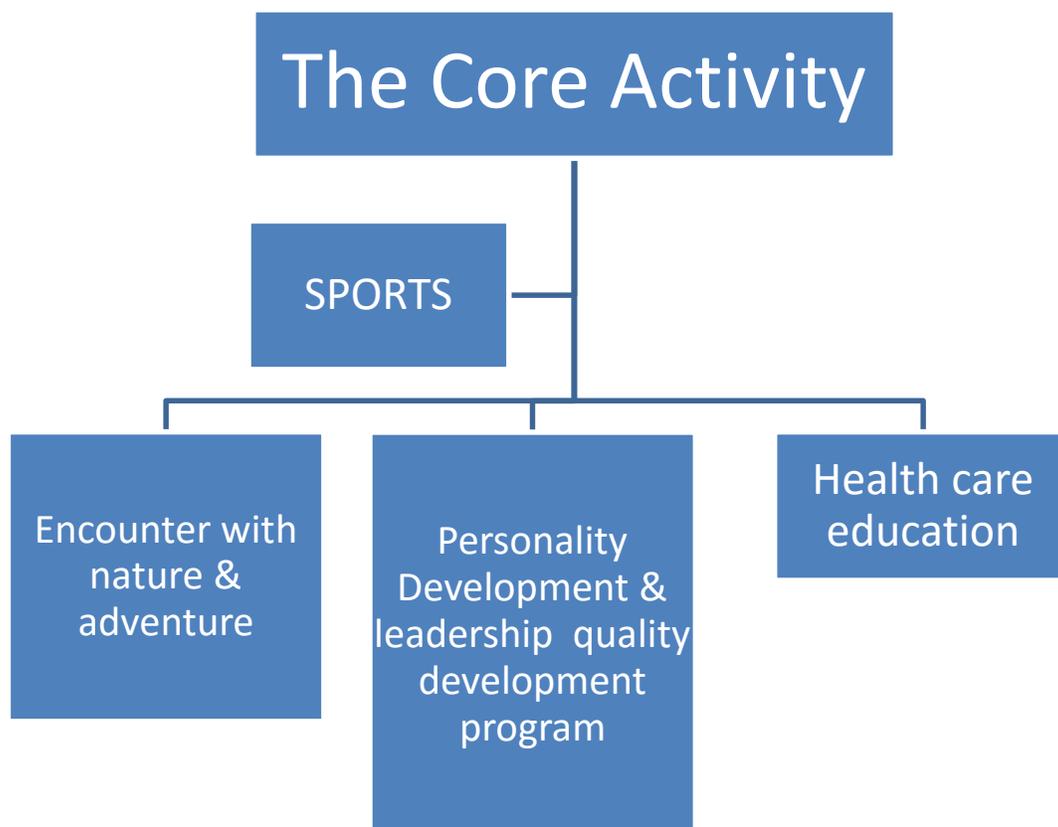


VIVEKANAND EDUCATION SOCIETY

VIVEKANAND SPORTS ACADEMY

Sports to the Fore!

Sports training programmes, for all games, through the season!





ENCOUNTER WITH NATURE & ADVENTURE

VSA organises outdoor camps in green mountains, at bank of rivers to give our city students over whleming experience of nature and adventure.

The following Adventure activities are promoted in these camps.

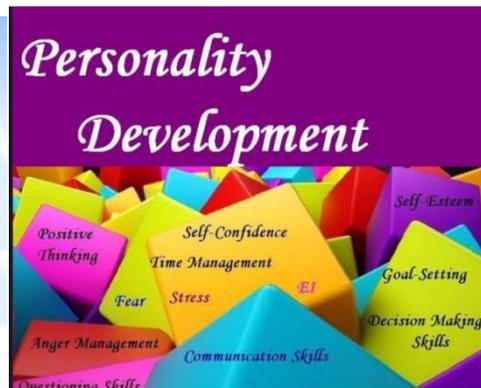
- (i) Mountain and Jungle survival skills.
- (ii) Tent Pitching
- (iii) Map Making, use of Map and Compass.
- (iv) Jungle and mountain trekking.
- (v) Rappelling, Rope knotting
- (vi) Valley Crossing.
- (vii) Treasure Hunt
- (viii) Jungle Cooking, Camp Fire.
- (ix) First Aid & Basic safety skills.
- (x) Local folk dance.



PERSONALITY DEVELOPMENT PROGRAMMES

**VSA's personality development and leadership quality development programme.
We conduct programmes to develop following skills in our students :-**

- 1) Defining the goal and goal setting.
- 2) Communication and presentation skills.
- 3) Social etiquette, Ethics and values. (How to build bridges of goodwill with others)
- 4) Leadership skills. (Positive Mind Set, Independent Thinking)
- 5) Self confidence, Speak Fearlessly.
- 6) Time enrichment skills.
- 7) Stress free management.



VSA'S HEALTH CARE

VSA's Health Care for Swami Student.

VSA's conducts health check up camps to monitor health of swami child:-

- 1) General Health check up camps.
- 2) Dental Health check up camps.
- 3) Eye check up camps.
- 4) Special camps for Girl child.
- 5) Camps to identify special children with learning disabilities.
- 6) Yoga training camps for mind empowerment and physical fitness.